

Nutritional Guide Report

* Nutritional base values are calculated per 100g

Chips Small

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites

May be present: Added Sulphites, Wheat

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|-------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Chips Small | Permanent | No | Yes | 89 | 1,191 | 1063 | 3.4 | 3.1 | 13.2 | 11.8 | 1.8 | 1.6 | 38 | 33.9 | 0.2 | 0.2 | 548 | 489 |

Chips Medium

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites

May be present: Added Sulphites, Wheat

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|--------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Chips Medium | Permanent | No | Yes | 108 | 1,191 | 1289 | 3.4 | 3.8 | 13.2 | 14.3 | 1.8 | 2 | 38 | 41.1 | 0.2 | 0.3 | 548 | 593 |

Chips Large

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites

May be present: Added Sulphites, Wheat

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|-------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Chips Large | Permanent | No | Yes | 155 | 1,191 | 1843 | 3.4 | 5.4 | 13.2 | 20.4 | 1.8 | 2.8 | 38 | 58.8 | 0.2 | 0.4 | 548 | 848 |

Nugget 3 Pack

Ingredients: Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

May be present: Added Sulphites, Eggs, Milk, Soy

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|---------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Nugget 3 Pack | LTO | No | Yes | 51 | 1,070 | 546 | 14.5 | 7.4 | 12.4 | 6.4 | 1.8 | 1 | 20.8 | 10.7 | 1 | 0.6 | 449 | 229 |

Nugget 6 Pack

Ingredients: Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

May be present: Added Sulphites, Eggs, Milk, Soy

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|---------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Nugget 6 Pack | LTO | No | Yes | 102 | 1,070 | 1092 | 14.5 | 14.8 | 12.4 | 12.7 | 1.8 | 1.9 | 20.8 | 21.3 | 1 | 1.1 | 449 | 458 |

Nugget 12 Pack

Ingredients: Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

May be present: Added Sulphites, Eggs, Milk, Soy

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|----------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Nugget 12 Pack | LTO | No | Yes | 204 | 1,070 | 2183 | 14.5 | 29.6 | 12.4 | 25.3 | 1.8 | 3.7 | 20.8 | 42.5 | 1 | 2.1 | 449 | 916 |

Onion Rings Medium

Ingredients: Onion Ring (Onion (50%), Water, Wheat Flour, Soybean Oil, Rice Flour, Thickener (1404, 1420, 415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (450i, 500ii), Vegetable Oil, Whey Powder, Wheat Gluten, Soybean Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar.)

Contains: Wheat (Gluten), Milk, Soy

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|--------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Onion Rings Medium | LTO | No | Yes | 77 | 1,557 | 1196 | 3.3 | 2.6 | 26.5 | 20.4 | 2.2 | 1.8 | 30.6 | 23.6 | 4.7 | 3.7 | 436 | 336 |

Onion Rings Large

Ingredients: Onion Ring (Onion (50%), Water, Wheat Flour, Soybean Oil, Rice Flour, Thickener (1404, 1420, 415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (450i, 500ii), Vegetable Oil, Whey Powder, Wheat Gluten, Soybean Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar.)

Contains: Wheat (Gluten), Milk, Soy

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|-------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Onion Rings Large | LTO | No | Yes | 115 | 1,557 | 1794 | 3.3 | 3.9 | 26.5 | 30.6 | 2.2 | 2.6 | 30.6 | 35.3 | 4.7 | 5.5 | 436 | 503 |

Nugget Carry Cup

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

Contains: Wheat

May be present: Added Sulphites, Eggs, Milk, Soy

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Nugget Carry Cup | LTO | No | Yes | 159 | 1,158 | 1842 | 7 | 11.1 | 13 | 20.7 | 1.8 | 2.9 | 32.6 | 51.9 | 0.5 | 0.8 | 298 | 475 |

Nugget Snack Box

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

Contains: Wheat

May be present: Added Sulphites, Eggs, Milk, Soy

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Nugget Snack Box | LTO | No | Yes | 210 | 1,137 | 2388 | 8.8 | 18.5 | 12.9 | 27.1 | 1.8 | 3.8 | 29.7 | 62.5 | 0.6 | 1.3 | 335 | 704 |

Nugget Snack Box x 10

Ingredients: Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, Egg Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: Wheat, Eggs

May be present: Added Sulphites, Fish, Milk, Sesame, Soy

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|-----------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Nugget Snack Box x 10 | LTO | No | Yes | 195 | 1,206 | 2352 | 12.9 | 25.1 | 17.7 | 34.6 | 2.1 | 4.2 | 18.8 | 36.8 | 1.3 | 2.6 | 538 | 1049 |

Chicken Tender Strips 3 x pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), Wheat Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, Egg Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: Wheat (Gluten), Eggs

May be present: Milk, Soy, Fish, Sesame, Added Sulphites

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|--------------------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Chicken Tender Strips 3 x pack | Permanent | Yes | Yes | 175 | 1,367 | 2393 | 13.5 | 23.7 | 22.3 | 39 | 1.8 | 3.3 | 18.1 | 31.7 | 0.8 | 1.5 | 1,037 | 1816 |

Chicken Tender Strips 5 x pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), Wheat Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, Egg Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: Wheat (Gluten), Eggs

May be present: Milk, Soy, Fish, Sesame, Added Sulphites

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|--------------------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Chicken Tender Strips 5 x pack | Permanent | Yes | Yes | 275 | 1,321 | 3633 | 14.2 | 39.2 | 20.4 | 56 | 1.7 | 4.7 | 18.9 | 51.9 | 0.7 | 1.9 | 1,031 | 2835 |

JFC Tender Snack Wrap Peppercorn

Ingredients: Chicken Tenders Southern Style (Chicken (60%), Wheat Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten), Tortilla Flour 5' (Wheat Flour [(64%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Mineral Salts (500, 450, 341), Acidity Regulator (297), Iodised Salt, Preservative (282), Yeast), Lettuce (Iceberg Lettuce), Sauce Cracked Pepper Mayonnaise (Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorn (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Spice, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385))

Contains: Wheat (Gluten), Eggs, Milk

May be present: Soy, Fish, Sesame, Added Sulphites

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|----------------------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| JFC Tender Snack Wrap Peppercorn | LTO | Yes | Yes | 95 | 1,207 | 1147 | 10.3 | 9.9 | 17.3 | 16.5 | 2.3 | 2.3 | 22.6 | 21.5 | 1.6 | 1.6 | 753 | 715 |

JFC Tender Snack Wrap Smoky BBQ

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Tortilla Flour 5" (**Wheat** Flour [(64%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Mineral Salts (500, 450, 341), Acidity Regulator (297), Iodised Salt, Preservative (282), Yeast), Lettuce (Iceberg Lettuce), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice)

Contains: **Wheat** (Gluten)

May be present: Eggs, Milk, Soy, Added Sulphites

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|---------------------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| JFC Tender Snack Wrap Smoky BBQ | LTO | Yes | Yes | 95 | 1,037 | 986 | 10.3 | 9.8 | 11.3 | 10.8 | 1.9 | 1.9 | 25.8 | 24.6 | 4.1 | 3.9 | 750 | 713 |

JFC Tender Snack Wrap Spicy

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Tortilla Flour 5" (**Wheat** Flour [(64%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Mineral Salts (500, 450, 341), Acidity Regulator (297), Iodised Salt, Preservative (282), Yeast), Lettuce (Iceberg Lettuce), Sauce Signature Extra Spicy (Vegetable Oil, Water, Gherkin Puree (Gherkin, Food Acid [260]), Vinegar, Reconstituted Lemon Juice, Sugar, Chilli (Food Acid [260]), Thickeners (1442, 415), Salt, **Egg** Yolk Powder, **Mustard** Flour, Spices, Colour (160c), Preservatives (202, 211, 234), Acidity Regulator (330), Natural Flavours)

Contains: **Wheat** (Gluten), Eggs, Mustard

May be present: Milk, Soy, Added Sulphites

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|-----------------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| JFC Tender Snack Wrap Spicy | LTO | Yes | Yes | 95 | 1,148 | 1091 | 10.3 | 9.8 | 15.7 | 14.9 | 2.1 | 2.1 | 22.7 | 21.6 | 1.8 | 1.7 | 781 | 743 |